



SMFSC Newsletter – June 2016 Edition

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Club Contact:

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Summer Office Hours: July 4th – Aug 11th

Monday 8:00am – 9:00am (Except Aug 1st)

Aug 2nd Tuesday 8:00am – 9:00am

Aug 2nd – 5th, Aug 8th – 11th: 6:00pm – 7:00pm

Website: www.smfsc.ca

<https://www.facebook.com/SMFSC/>

2016 -2017 Board Members		<i>Changes in Our Board of Directors</i>
President	Mary Pat McBride	<p><i>As the season ended the following members have stepped down from the board: Kym Cronin, Al Ogrodnik, Greg Scatton and Neela White. We would like to thank them for all the hard work and dedication throughout the years as board of directors at SMFSC.</i></p> <p><i>The new members joining the board: Eva Laou, Susie Lee, Sherry Plourde and Vince Spina. Mary Pat McBride is the President and Nancy Botelho is the Vice President for the 2016-17 season. We look forward to working along with club's coaches to bring exciting programs and events in the upcoming season.</i></p>
Vice President	Nancy Botelho	
Treasurer	Maggie Huang / Cindy Chai	
Secretary	Susie Lee	
Test Chair	Andrea Fogh	
Competition & Special Events Chair	Andrea Fogh / Sherry Plourde	
Ice Chair	Vince Spina	
Communications	Eva Laou	
Hospitality & Social Chair	Nancy Botelho	
Music & Data Specialist	Ricky Zamora	
Sponsorships & Donations	Susie Lee / Sherry Plourde	<p style="text-align: center;"><i>A message from the Editor</i></p> <p><i>I look forward to serving you as editor of the SMFSC club newsletter. My goal is to provide you information on a quarterly basis that will keep you up-to-date on what's new and exciting in our club. I'm open to suggestions to expand the newsletter to better fit your interest. Please feel free to contact me with your ideas by emailing info@smfsc.ca</i></p> <p style="text-align: right;"><i>Eva Laou (碧茜)</i></p>
Volunteer Chair	Mary Pat McBride	
Website Management	Jackie Kwan	
Director	Cindy Chai	
Director	Maria Luchak	
Bingo	Michelle Claveau	
Coaching Rep	Lawrence Gryniewski	



Ice Show 2016

The SMFSC bi-annual Ice Show was held from May 14-15, 2016. We had over 220 skaters participate in 3 shows at the Iceland Arena. With the commitment of our coaching staffs, ice show committee, parents and skaters, the show featured our talented skaters from Canskate to Competitive level. We were also very happy to have Roman Sadovsky as our guest skater. Special thanks to our Ice Show Directors, Julie & Lawrence Gryniewski, to make the Ice show a special experience for all of our skaters.



Midway Mania - Junior Group



*Hotel Headliners - Jordan Warren
& Julia Luchak*



After the Show - Skaters with Roman Sadovsky



2016 Year End Award Banquet

Our annual award banquet was held on May 26th, 2016. Skaters, parents and coaches enjoyed a fun-filled night recognizing our talented skaters' achievements and said good-bye to senior skaters who have chosen to move on. Congratulations to Kathryn Beri, Crystal Chung and Jordan Warren who have achieved the Skate Canada Quadruple Gold - the highest testing achievement in all 4 Skate Canada Figure Skating Disciplines. Also a big thanks goes to their main coaches as well as Matt Solariski, Julie & Lawrence Gryniewski in developing and training these talented skaters throughout the years. Well done Kathryn, Crystal and Jordan. We are very proud of your achievements!



Kathryn Beri with her coach Leslie Baker



Crystal Chung with her coaches Allen & Linda Carson



Jordan Warren with her coach Donna Ireland





Summer Programs

Summer School – Pre-junior to Senior Competitive

Summer school program offers 6 weeks of figure skating training from July 4 to August 12, 2016. Skaters who complete 4 weeks of skating are eligible to try Skate Canada test. Extended hours option from 8:00-5:00pm is available. Supervision is provided for extended hours skaters during free time. Activities during extended hours include crafts, outdoor games, movies and other fun activities. Thursday pizza day is included in the fee. Wednesday special theme day will surely provide skaters an unforgettable camp experience.



Please visit our club website for schedule and registration details:

<http://www.smfsc.ca/pages/starskate/schedule/>

Summer Canskate – Skate Canada Learn-to-skate Program

Summer Canskate will be held in the first two weeks of August and is offered to beginners age 4 and up. The program is led by NCCP-certified professional coaches. Canskate is a group lesson format that focuses on fun, participation and basic skill development.



For details please visit our website:

<http://www.smfsc.ca/pages/canskate/schedule/>

Summer Canpower – Calling for Hockey & Ringette Players!

Summer Canpower Level 1 will be held in the first two weeks of August. Skaters must be able to push with both feet, skate backwards and forwards, and stop independently in at least 1 direction, complete a one foot glide on each foot moving forward over a distance of 10 feet OR the skater must have passed CanSkate Level 3. Skaters must be 4-9 years of age (Born between 2012-2007) * age determined as of Dec. 31, 2015 or the date of registration, whichever is later.



CanPowerSkate is the only nationally regulated power skating program in Canada developed by a team of hockey, figure skating and ringette experts to teach the fundamentals of power skating in a progressive and sequential manner.



For details please visit our website:

<http://www.smfsc.ca/pages/canpower/schedule-fees/>



Synchro Ice Infiniti News:

Do you like:

- Skating and hanging out with your friends?
- Working with a group of skaters and having fun activities on the ice?
- To improve your skating skills, strength and technique?
- To compete with your friends and have a common goal?

If your answer is yes, Synchronized skating may be for you!



Ice Infiniti 2015-2016

We are looking for skaters who are at Pre-Junior to senior level and under 15 years of age to join our Elementary / Pre-novice teams. Skaters outside of SMFSC are also welcome. If you would like to know more about Synchro, please contact Sarah Clarke, our Synchro Team coach by emailing iceinfinitismfsc@gmail.com. You can also talk to your main coach to learn about the benefits of incorporating Synchro into your individual figure skating training.



Next Synchro Practice:

June 22, 2016 (Wed) 5:30-6:30pm (new skaters welcome to come and try)



Ice Infiniti 2016-2017

Testimonials from our Synchro skaters:

I really enjoy synchro because it lets me learn new skills that I can apply to my regular skating and it lets me make new friendships. Synchro makes you work on the details of being a skater, such as knee bending and keeping your arms up so you can look your very best while skating. Being a part of a synchro team means that the team has to get along and work well together, which is why I find it a great opportunity to make new friends and have fun doing team building activities.

Amelia B.

I love synchro because it's even more fun when you are working in a team than working individually. I find that synchro gives you a great opportunity to make friends, and it is so much fun to work with a group of all different kinds of skaters. I LOVE SYNCHRO!!!

Zoe B.



Amelia & Zoe performing a Forward outside Spiral on arms



Dates to Remember:

- Synchro Practice: June 22, 2016 (Wed) 5:30-6:30pm (new skaters welcome to come and try)
- Test Day: Aug 10, 2016 (must skate minimum of 4 weeks summer school to qualify)
- Summer Skate 2016 Competition: Early Bird Registration – June 22, 2016; Registration Deadline – July 6, 2016.

See you at the Rink

Have a Great Summer

Next Issue: August 2016

